

Beginning Your Money Autobiography

Write the answers to the questions below and begin to explore your money mythology.

What were the economic conditions of the country while you were growing up?

Describe your family configuration. Two parents? Single parent? Adoptive parents? Foster parents? Siblings? Grandparents? Other person(s)?

Describe your first home noting how early the memory is. Did you live in a house or an apartment? Was it large, small? In a town, city or farm, in the US or another country? Did you have your own room? Share a room? How did this change over the years?

What are your early memories of family holidays? Vacations? Shopping trips?

Did you have any role models, real or fictional? What did they represent to you?

What are your memories of high school? Of clothes, cars, friends, parties, dates, sports, grades? What were the fashions, books, movies, ads or trends of this time?

Higher education? Did you graduate from high school? College? Graduate school? Was money provided for your education? Did you receive a scholarship? Did you work to pay tuition? How did you feel about money during those years?

Describe your first job. How much money did you earn? What was your experience of opening your first bank account, making your first investment, buying your first car, renting your first apartment, buying your first house, etc.?

Describe advancing in your career, growing your business, marrying, starting a family, raising children, losing a spouse, divorcing etc.

Do you make contributions to religious, educational, social or charitable causes?

How has gender affected your relationship with money?

The questions are based on an exercise in *The Woman's Book of Money and Spiritual Vision*, written by Rosemary Williams. The book is available on Amazon.